



## HEALTH, SOCIAL CARE AND WELLBEING SCRUTINY COMMITTEE - 11TH SEPTEMBER 2012

**SUBJECT: PART ONE OF MENTAL HEALTH MEASURE : THE PROVISION OF  
PRIMARY MENTAL HEALTH SERVICES**

**REPORT BY: CORPORATE DIRECTOR SOCIAL SERVICES**

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### **1. PURPOSE OF REPORT**

- 1.1 This report seeks Local Government and Health Board ratification of the Mental Health (Wales) Measure part one scheme in advance of the required submission date to Welsh Government of 1st October 2012.

### **2. SUMMARY**

- 2.1 The report outlines the requirements on Health Boards and Local Government partners with regard to the Mental Health Measure and in particular makes reference to the implementation of Part One of the measure.
- 2.2 A copy of the scheme arrangements of the Gwent and South Powys mental health and learning disability partnership board

### **3. LINKS TO STRATEGY**

- 3.1 Health Social Care & Well-being Strategy 2011-14  
Fulfilled Lives Supportive Communities – 2007  
Sustainable Social Services for Wales – Framework for Action – 2011  
Mental Health Integrated Strategy for Gwent  
Learning Disability Integrated Strategy for Gwent

### **4. THE REPORT**

- 4.1 During 2010, Welsh Assembly Government placed a requirement on Health Boards and Local Government partners to implement the Mental Health Measure (2010) Wales. The Mental Health (Wales) Measure makes a number of important changes to the current legislative arrangements in respect of the assessment and treatment of people with mental health problems. There are four parts to the mental health measure :

Part 1 : Local Primary mental health support services  
Part 2 : Care Co-ordination and treatment planning  
Part 3 : Assessments of Former Users of Secondary Mental Health Services  
Part 4 : Mental Health Advocacy

This report focuses on part one of the measure, for which Partners were asked to submit a scheme to Welsh Government outlining how it would be met.

- 4.2 Part One of the measure aims to strengthen the role of primary care in the management of people with a mental health issue, and as such has prescribed the development of Primary Mental Health Support Services across Wales. These will be delivered by Health Boards and Local Authorities in partnership, and it is expected that these services will operate within or alongside existing GP practices.

The services that are required to be delivered are

- Comprehensive mental health assessments for individuals who have first been seen by their GP, but for whom the GP considers a more detailed assessment is required; in some cases, individuals may be referred by secondary mental health services;
- Treatment by way of short-term interventions, either individually or through group work, if this has been identified as appropriate following assessment. Such treatment may include counselling, a range of psychological interventions including cognitive behavioural therapy, solution-focused therapy, stress management, anger management and education;
- Provision of information and advice to individuals and their carers about treatment and care, including the options available to them, as well as 'signposting' them to other sources of support (such as support provided by third sector organisations);
- Provision of support and advice to GPs and other primary care workers (such as practice nurses) to enable them to safely manage and care for people with mental health problems;
- Supporting the onward referral and co-ordination of next steps with secondary mental health services, where this is felt to be appropriate for an individual.

These services are aimed at individuals of all ages who are experiencing mild to moderate, or stable but severe and enduring, mental health problems. Partners across the area already commission and deliver a wide range of services that will also contribute to this model (eg wide range of voluntary sector services).

- 4.3 Areas that Partners will be measured on are :

- Number of practitioners per 20,000 population (all ages);
- Number of assessments undertaken;
- Waiting time for assessment (in calendar days) against the target of 28 calendar days;
- Waiting time for interventions, where indicated (in calendar days);
- Number of completed interventions (to include treatment, referral or information);
- User, carer and GP satisfaction levels.

- 4.4 Welsh Government placed a requirement upon Health Boards and their Local Government Partners to develop a scheme outlining how the service would be developed and delivered. A first draft scheme had to be laid by 6th June. The submission was required at this time as both parts 2 and 3 came into effect on this date. The document which can be amended needs to be ratified by partners and resubmitted to Welsh Government before the service starts on the 1st October 2012.

- 4.5 A summary of its content is given below :

- **Section 1 - Introduction** : A summary of the requirements and context within which the scheme has been developed and will be implemented

- **Section 2 - Partners** : An outline of the partners with a statutory responsibility to provide the service and a summary of the wider partnership context within Gwent (The Mental Health and Learning Disability Partnership)
- **Section 3 – Purpose & Scope of the scheme** : A summary of both the geographical areas covered and the required scope of the service as set by Welsh Government
- **Section 4 - The Service** – An outline of the shape and components of the service, which has been developed against a unitary authority/Neighbourhood Care Network footprint, will see staff from existing services (First Access, Child and Adolescent Mental Health Services (CAMHS) tier 1, Memory Clinics and Primary Care Counselling) moving into the teams and indeed providing the functions as previously outlined from within a primary health care setting. It is clear to all partners that from the 1st October the minimum requirements will be met, however that further development to the local model will then take place. This will include the further development of the social care and third sector elements of the service.
- **Section 5 - Governance** – An overview of accountabilities, disputes resolution, arrangements to review and arrangements through which the scheme can be altered.

## 5. EQUALITIES IMPLICATIONS

- 5.1 An equalities impact assessment has been completed by Aneurin Bevan Health Board and adopted by all partners.

## 6. FINANCIAL IMPLICATIONS

- 6.1 The introduction of part 1 of the mental Health Measure is dependant on the redesign of existing services e.g. first access, primary care counselling and tier 1 CAMHS. To assist with it's implementation Welsh Government provided a sum of £659, 000 to Aneurin Bevan Health Board. The Health Board have however also redesigned a number of existing services resulting in a total investment of over £2 million.

## 7. PERSONNEL IMPLICATIONS

- 7.1 Whereas staff working in some existing services such as First Access will now move into the measure teams there will be no impact on their terms and conditions.

## 8. CONSULTATIONS

- 8.1 All comments from consultations are reflected in the main body of the report.

## 9. RECOMMENDATIONS

- 9.1 Members are requested to consider the scheme for submission to Welsh Government prior to a report going to Cabinet on the 18th September 2012 for final endorsement.

## 10. REASONS FOR THE RECOMMENDATIONS

- 10.1 There is a requirement upon Health Boards and Local Government to plan and implement a Primary Mental Health Service for their areas. This report has set out an overview of part one, the requirements for a scheme and how this has been responded to by the Mental Health and Learning Disability Partnership.

## **11. STATUTORY POWER**

- 11.1 Local Government Act 2000
- National Assistance Act 1948
- National Health Service & Community Care Act 1990
- Mental Health Measure (2010) Wales

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